Wild School of the Blue Mountains

EQUIPMENT LIST

This is a backcountry program and ensuring your kids have the proper gear will make their experience more enjoyable. You don't need to break the bank, they will be travelling, so think about keeping the weight of their packs as low as possible and that they fit well with plenty of padding.

LABEL EVERYTHING!

- *Mountain Bike* (for ages 9 and up) – please ensure bike is well tuned. Let us know if you don't have one, we might be able to help.
- *Life Jacket* –
  - https://www.mec.ca/en/products/watersports/pfds-helmets-and-safety-equipment/pfds/c/1398?f=Sizes%3AYouth
- *Back Pack* – ensure it fits well, is not too large and has good padding - https://www.mec.ca/en/product/5058-229/Cub-Daypack
- *Camp Towel* –
  - https://www.mec.ca/en/product/5024-431/Personal-Towel
- *Bathing suit* – quick drying material is key
- *Hat*
- *Soft lunch bag* –
  - https://www.mec.ca/en/product/5052-138/Freezable-Lunch-Bag
- *Water Bottle* - https://www.mec.ca/en/search?org_text=water%20bottle&text=water%20bottle
- *Sunscreen* –
  - https://www.mec.ca/en/product/5054-709/SPF-50%2B-Sunscreen-177ml
- *Bug Dope* (only if they're sensitive to bugs) –
  - https://www.mec.ca/en/product/5061-470/DEET-FREE-Travel-Size-Insect-Repellent-Pump-S
- *Rain gear* (jacket and pants) – pack only the jacket on most days, if it's a wet day add the pants.
  - https://www.mec.ca/en/kids-age/youth-%288_-_16-yrs%29/search?text=rain+gear&org_text=rain+gear
- *Knee Socks or long pants* – re: poison Ivy
- *Running or Hiking Shoes* - for Bike and Hike Days
- Super S*andals* - for Canoe Days
  - https://www.mec.ca/en/product/5012-533/Newport-H2-Sandals